



Free Webinar: March 29, 2017, 11:00 am – noon
2015 Florida Best Practice Psychotherapeutic Medication
Guidelines for Adults: A Focus on Mixed Features
Speaker: Roger McIntyre, MD, FRCPC (University of Toronto)



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March 29, 2017, 11:00am – 12:00pm

The DSM-5 introduced new sets of criteria for major depressive disorder and bipolar disorder. An important and significant change was the elimination of mixed states, which were supplanted with the mixed features specifier. The mixed features specifier could apply to adults either with major depressive disorder or bipolar disorder. This recent change has historical, conceptual, clinical, and therapeutic implications. Healthcare providers often encounter individuals experiencing mixed features, which have demonstrated to be less responsive to conventional antidepressant therapy. The Florida Best Practice Psychotherapeutic Medication Guidelines for Adults with Major Depressive Disorder or Bipolar Disorder are the most up-to-date treatment guidelines providing decision support for healthcare providers involved in the care of affected individuals. This presentation will briefly review the rationale for changes to mixed features, as well as introduce and operationalize the mixed features specifier. The treatment approach, informed by the aforementioned guidelines, will be presented and reviewed.

Speaker: Roger McIntyre, MD, FRCPC

Dr. Roger McIntyre is currently a Professor of Psychiatry and Pharmacology at the University of Toronto and Head of the Mood Disorders Psychopharmacology Unit at the University Health Network, Toronto, Canada. Dr. McIntyre is also Executive Director of the Brain and Cognition Discovery Foundation in Toronto, Canada. Dr. McIntyre is involved in multiple research endeavors which primarily aim to characterize the association between mood disorders, notably cognitive function and medical comorbidity. His work broadly aims to characterize the underlying causes of cognitive impairment in individuals with mood disorders and their impact on workplace functioning. Dr. McIntyre is the co-chair of the Canadian Network for Mood and Anxiety Treatments (CANMAT) Task Force on the Treatment of Comorbidity in Adults with Major Depressive Disorder or Bipolar Disorder and as well a contributor to the CANMAT guidelines for the treatment of Depressive Disorders and Bipolar Disorders. Dr. McIntyre has published hundreds of peer-reviewed articles and has edited and/or co-edited several textbooks on mood disorders.

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