



Free Webinar: March 30, 2018, 12:00 pm – 1:00 pm EST
**Evaluation and Management of Cardiovascular Disease Risk Factors:
A Primary Care Perspective on Chronic Disease in People with Serious Mental Illness**

Speaker: Sarah E Stumbar, MD, MPH
FIU - Herbert Wertheim College of Medicine



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A Primary Care Perspective on Chronic Disease in People with Serious Mental Illness

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People with serious mental illness experience disproportionately high prevalence of chronic diseases, and disparate outcomes when compared to the general population. This session will provide an overview of the screening/evaluation and management guidelines for cardiovascular disease risk factors, including obesity, smoking, hypertension, hyperlipidemia, and diabetes; with special consideration for the needs of people with serious mental illness.

Speaker: Sarah E Stumbar, MD, MPH

Sarah Eisenstein Stumbar, MD, MPH is an Assistant Professor in the Department of Humanities, Health and Society at Florida International University's Herbert Wertheim College of Medicine in Miami, Florida, USA. She was born to a feminist-activist-professor and socially committed lawyer in Ithaca, NY; where some of her earliest memories are boarding buses in the middle of the night to go to political rallies in Washington, DC. She has advocated for the rights of girls at the United Nations; for increased funding for global HIV programs on Capitol Hill; and for single-payer healthcare at the New York State Assembly. With a deeply engrained commitment to social justice and reproductive health care, Dr. Stumbar went into medicine with the belief that compassionate and equitable health care can change not only lives but also entire communities. She received her BA in the History of Medicine from Yale University; an MPH in Sexuality and Health from Columbia University; and her MD from the State University of New York at Stony Brook. In 2015, Dr. Stumbar completed her residency training in Social and Family Medicine at Montefiore Medical Center in the Bronx, NY; where she was particularly interested in reproductive health care in the primary care setting. Throughout her medical training, Dr. Stumbar has published multiple narrative essays and papers about her experiences and won numerous awards for her commitment to community health and humanistic medicine. Since joining Florida International University's faculty in August 2015, Dr. Stumbar has been focused on teaching medical students at all stages of their training; and providing medical care--including expanded access to family planning services--to the underserved communities of Opa Locka and Miami Gardens through FIU's NeighborhoodHELPTM program. In April 2016, Dr. Stumbar became the Course Director for the third-year Family Medicine Clerkship; and has been working to develop innovative strategies to teach a holistic, integrated approach to primary care.

Register here: <https://tinyurl.com/ybfeknj>

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