

## **September is the Substance Abuse and Mental Health Services Administration (SAMHSA)'s National Recovery Month**

Each year, the Substance Abuse and Mental Health Services Administration (SAMHSA) sponsors National Recovery Month to bring awareness to the fact that millions of Americans are in recovery from comorbid behavioral health and substance use disorders. The goals of recovery month are to raise awareness of substance use treatment and mental health services and show that use of these services helps individuals with dual diagnoses live healthy, productive lives.

National Recovery Month is celebrating its 30<sup>th</sup> year this year, with the theme “Join the Voices for Recovery: Together We Are Stronger.” The 2019 theme focuses on the need to collaborate and build networks to support recovery from substance use and behavioral health issues. For more information about SAMHSA's National Recovery Month, visit <https://recoverymonth.gov/>.

In the spirit of collaborative care and to find local community resources in your area, visit our website at [floridamedicaidmentalhealth.org](http://floridamedicaidmentalhealth.org) to search for free or reduced-cost community resources through the USF/Aunt Bertha Web-Based Resource Guide.