



**Free Webinar:**  
**Thursday, March 24, 2016, noon - 1 p.m.**  
**Monitoring Physical Health from the Consumer Perspective**  
**Speaker: Patrick Hendry**



**Free Upcoming Webinar**

Monitoring Physical Health from the Consumer Perspective

**March 24, 2016, 12:00pm – 1:00pm**

For many people faced with health challenges the key to good outcomes is effective self-management, and this requires regular monitoring of a range of health indicators. This webinar looks at strategies for becoming a partner in monitoring and treatment from a whole health perspective. The life expectancy for individuals living with major psychiatric problems is often cut drastically short due to a wide range of physical health issues related to their illness and treatment. The vast majority of these problems are preventable and/or treatable through monitoring and self-management.

**Speaker:** Patrick Hendry, Vice President, Peer Advocacy, Supports & Services, Mental Health America

*Patrick has worked as a mental health advocate for the past twenty-four years. His areas of expertise include peer provided services, self-directed care, recovery based trainings, organizational development, and management and sustainability. Patrick received MHA's highest honor, the Clifford W. Beers Award in 2012, and a SAMHSA Voice Award and Eli Lilly Reintegration Lifetime Achievement Award in 2014. He is the former Executive Director of the Florida Peer Network and has assisted in the development of numerous peer-run programs and organizations. Patrick is a strong supporter of the inclusion of mental health consumers in all aspects of the behavioral health system.*

**Register here: <http://tinyurl.com/h68wk7j>**

If you have any questions or would like to pre-order free copies of these guidelines, please e-mail [sabrinasingh@usf.edu](mailto:sabrinasingh@usf.edu).